

Did you know?



Breastfeeding has a positive impact on the environment and there is no waste.

Breastmilk doesn't need any packaging, preparation or transportation.

Breastfeeding positively impacts lifelong health and well-being.

For more on how breastfeeding positively impacts the environment, your health and wellbeing scan the QR code.



For local support and information about breastfeeding contact your Midwife or Health Visitor, or ring the **National Breastfeeding Helpline 0300 100 0212**

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